

DO YOU OR SOMEONE YOU KNOW HAVE KNEE PAIN?

PACE-OA: Pharmacist-physiotherapist (PT) collaborative management for knee OA

If you are **50 years of age or older** and are experiencing knee pain, this **ALBERTA** wide initiative may be for you!

Do you experience:

- Trouble with your knee because of pain, stiffness, or swelling
- Stiffness in the knee joint when you awaken
- An achy feeling in your knee especially during or after exercise
- Knee suddenly bucking under you

If so, you may have early osteoarthritis (OA). You may benefit from a collaborative initiative between a pharmacist and a physiotherapist designed to help you manage these symptoms.

Joining is Easy!

To join the initiative, speak with a pharmacist at one of the participating pharmacies listed on this website:



Check your eligibility

Scan the QR code below to see if you are eligible

PLEASE NOTE: you will NOT be eligible if you've already been treated for knee OA

