



Beyond limits: Innovating against arthritis

ANNUAL REPORT 2022-2023



Marking the 75th anniversary of Arthritis Society Canada



*"All I had was the will to do
something about arthritis."*

- Mary Pack

75 years ago, Mary Pack, a home-schooling teacher in Vancouver, co-founded the Canadian Arthritis and Rheumatism Society, now known as Arthritis Society Canada. She was fiercely determined to improve the lives of people living with arthritis, a group of over 100 diseases characterized by inflammation in the joints or other parts of the body. There was, and remains, no cure. Since our inception, with the support of our donors, we have invested more than \$230 million in research to transform diagnosis, treatment and prevention.

Reflections on our national impact

Dear friends,

With your generosity and support, we are rallying together, energized and committed towards our vision of a world free of arthritis, a world where people understand the devastating effects of this disease and are compelled to join our fight.

As we mark our 75th anniversary this year, our co-founder, Mary Pack, remains the source of our inspiration to work relentlessly to elevate our cause and support Canadians suffering from the condition.

The prevalence of arthritis is growing, and so is the need for investments in research to support diagnosis, treatment and prevention. We have ambitious goals set in **Accelerating Impact, Arthritis Society Canada's 2025 Strategic Plan**, and we are on our way to achieving them. We have grown research investments by 80 per cent, reached over 3 million Canadians living with arthritis, and brought provinces on board to prioritize solutions for arthritis patients.

Arthritis Society Canada is testing solutions in a myriad of ways: Community Action Grants are investing in innovative awareness and education initiatives to support underserved communities; Arthritis Ideator Awards are propelling innovative ideas with great potential to improve the lives of people living with arthritis; and Ignite Research Grants are fostering high-risk, high-reward ideas that are pushing boundaries.

Arthritis Society Canada volunteers, community members, partners and clinicians are our greatest champions — by advocating for policy solutions and donating towards important research, they drive our collective work.

As we reflect on the last year, we are proud of everything we have achieved with you. We couldn't do it without you. Thank you for looking ahead with us and building the foundation upon which we will all triumph!

With gratitude,



A handwritten signature in black ink, appearing to read "Duncan".

Duncan Mathieson
Chair, Board of Directors



A handwritten signature in black ink, appearing to read "Trish".

Trish Barbato
President and CEO

Impact highlights

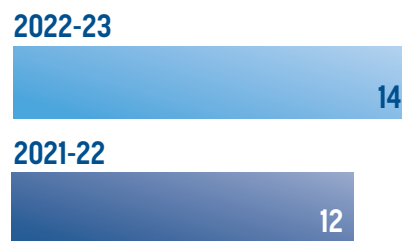
Innovating breakthroughs in arthritis

By investing in research, advocating for policy change, innovating breakthroughs, and providing information, education and support, we are shining a bright light on the need to alleviate the suffering of 6 million Canadians with arthritis and improve their health outcomes.



26 Ignite Research Grants awarded to date

Successfully funded projects are based on "high risk" ideas that have a strong potential for "high reward"



34 public policy decisions changed the lives of people living with arthritis

3.2 MILLION

Canadians reached with trusted information





95,324

people reached this year

257,719

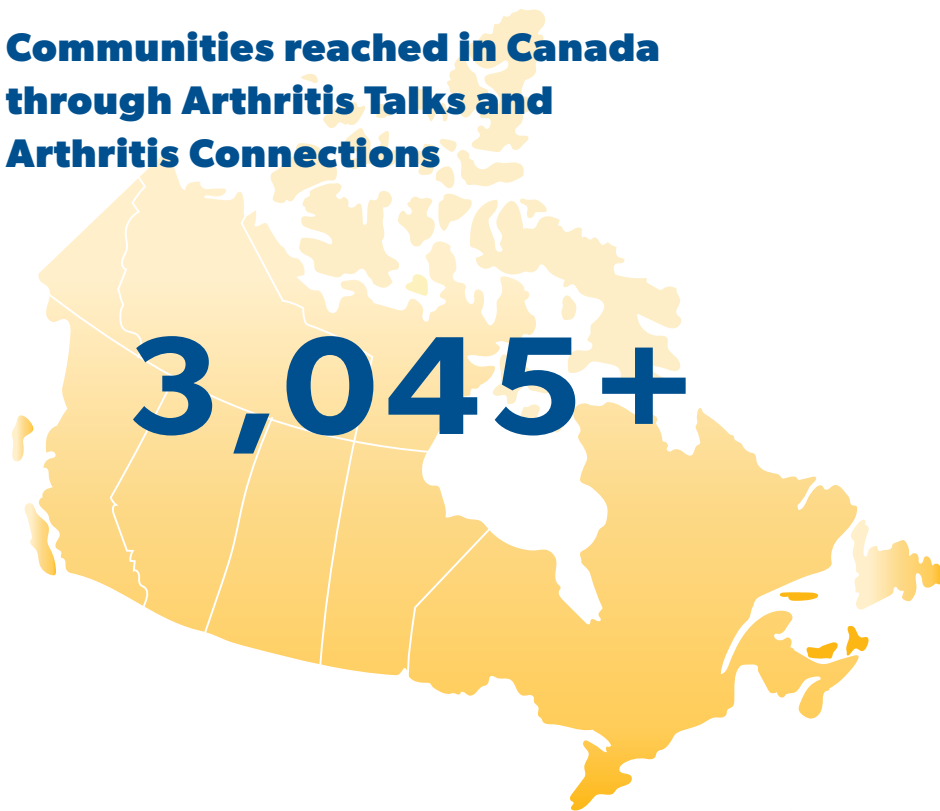
people reached since inception in 2019

ARTHRITIS CONNECTIONS

"I was recently diagnosed with osteoarthritis, and for the first time, I didn't feel isolated or on my own in this fight. I know there are many of us out there and this space is very helpful!"

- program participant

Communities reached in Canada through Arthritis Talks and Arthritis Connections



Unique communities represented:

- British Columbia – 242
- Alberta – 242
- Saskatchewan – 123
- Manitoba – 115
- Ontario – 802
- Quebec – 966
- New Brunswick – 167
- Nova Scotia – 253
- Prince Edward Island – 43
- Newfoundland and Labrador – 122
- Yukon – 5
- Northwest Territories – 4
- Nunavut – 3
- International – 144

Demystifying arthritis with cutting-edge research

Thanks to the generous support of our donors and partners, we invested \$6.2 million in research, and brought over 180 research trainees, scientists, clinicians and consumer experts together virtually at the fourth Annual Canadian Arthritis Research Conference. Misconceptions about the disease are plenty and by driving game-changing research, we are transforming the way Canada’s most common chronic disease is understood, treated and managed.

“Arthritis Society Canada’s support is helping me uncover therapies for scleroderma, a potentially fatal form of arthritis. My study revealed similarities between the affected cells of people with this disease and those with cancer. This finding could lead to new scleroderma therapies and a better understanding of other arthritis forms.”

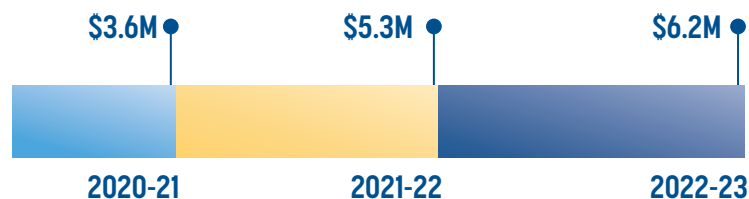
- Dr. Mohamed Osman
Researcher and Rheumatologist,
University of Alberta

Five research priorities:

1. Pain management
2. Osteoarthritis
3. Inflammatory Arthritis
4. Childhood Arthritis
5. Work

80%

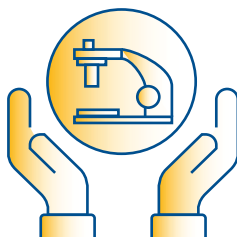
growth in direct research investment



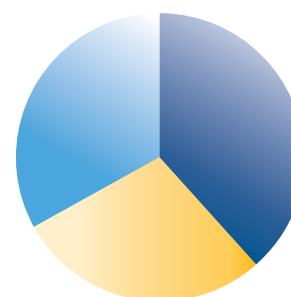
Every dollar
Arthritis
Society Canada
invested was
multiplied 6.3
times by other
sources



- ✓ 117 research projects
 - 65 operating grants
 - 37 training awards
 - 13 career development awards
 - 2 team grants
- ✓ 304 presentations given
- ✓ 150 peer-reviewed publications
- ✓ 290 new collaborations



304 researchers and research staff supported at 27 research institutes across Canada



- 117 lead researchers
- 87 additional trainees
- 100 highly qualified research personnel

Driving policy change through advocacy

Our advocacy efforts are ensuring that arthritis care remains a priority at provincial and federal levels and people with arthritis have a platform to voice their concerns. This year, we advocated for the safe transition to biosimilar medication, convened a working group to understand the state of arthritis care in Canada, initiated a social impact pilot project to screen infants for hip dysplasia to prevent future osteoarthritis, advocated for the implementation of our recommendations to reduce wait times for surgeries and participated in the federal legislative review of the *Cannabis Act* to help Canadians with arthritis access medical cannabis.

“My daughter Aya was two years old when she was diagnosed with arthritis. It was very challenging at first because we had to rely on observation and she couldn’t communicate her pain with us. I connected with Arthritis Society Canada, and through its support, I was able to advocate for better treatment. It has been wonderful to find a sense of community and opportunities to connect with others who really understand what it is like to live with arthritis.”

- Keiko Katoaka,
member of the Advocacy committee

3,500+ advocacy actions

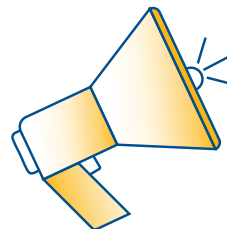


- Wait Times Campaign
- Quebec Arthritis Care Campaign
- Provincial Elections (ON, QC, PEI)

34 public policy decisions influenced nationally

- ✓ Reducing surgical wait times
- ✓ Health data strategy
- ✓ Transition to biosimilars
- ✓ Medical Cannabis
- ✓ Research funding
- ✓ Chronic pain strategy
- ✓ Access to clinical trials
- ✓ Canada Disability Benefit

52 engagements with policy makers and advocates



68+ proclamations and landmarks lit up in blue during Arthritis Awareness Month in September 2022



Creating a pain-free future through innovation

We are empowering Canada's top scientific and entrepreneurial minds to create solutions that support people with arthritis. Through the Arthritis Ideator Awards™, we are showcasing and funding arthritis solutions and putting a spotlight on this chronic, debilitating disease. Our Ignite Research Grants are transforming and shifting research paradigms by funding novel, high-potential projects that could be expanded in the future. Tapping into innovations means more Canadians with arthritis can manage their pain and access better care.

"Having Arthritis Society Canada as a long-term partner is fantastic. It really is a validation of our work and creates opportunities for PROVA to move forward."

Matthew Rosato – Founder of WithinStride® by PROVA Innovations

Matthew Rosato was inspired by accompanying his son, who lives with cerebral palsy, to physiotherapy. WithinStride®, 'smart' in-soles that support gait rehabilitation, was created by Rosato and his team to help people with knee and hip osteoarthritis learn better movement patterns at home.



2022 Arthritis Ideator Awards™

\$200,000

awarded to 4 entrepreneurs



OPERAS



Ideators and entrepreneurs are driving novel solutions that are supporting people with arthritis to:

- Improve function (digital applications/machine learning/biomedical engineering)
- Have accurate and earlier diagnosis (AI/health data analysis)
- Enable self-management (leveraging digital applications)
- Have better function and movement (assistive devices)

\$1.35 MILLION

committed through 14 new Ignite Research Grants

2022-23



2021-22



Empowering people through information and support

Our "It's better to know" Healthy Joint campaign launched in January 2023 to create awareness of early arthritis symptoms and connected more than 56,000 people in pain to resources. Arthritis Talks, our signature webinar series, saw a growth of 22 percent in live attendees and our newly launched Arthritis Connections peer support program exceeded all expectations, with 705 participants in its first year. Underserved communities were supported with seven Community Action Grants, a new venture focused on improving access to arthritis information and support. Each year, we are seeing an expansion in our reach, which means more Canadians are accessing reliable information and finding a support system.

"The Arthritis Social Hour, launched through the support of Arthritis Society Canada's Community Action Grants, is creating a safe and welcoming space for 20 to 60 year old adults. The program is bringing healing to many people with arthritis through opportunities to learn, socialize, and share their arthritis journeys."

- Eileen Davidson, Vancouver
Founder of Arthritis Social Hour

Supporting kids with Childhood Arthritis

- ✓ 242 campers back in-person at 6 camps across the country
- ✓ 132 virtual sunrise program participants
- ✓ 91 backpacks distributed

15,000+

Public Service Ads across Canada raising arthritis awareness



We are reaching more and more Canadians each year

- Website - 1.8 million visitors
- flourish newsletter - 111,300+ subscribers
- Arthritis Talks – 18,844 live attendees
- Arthritis Rehabilitation and Education Program (AREP) – 19,500 visits and 6,000 reached through groups and presentations
- Arthritis Connections and Arthritis Line – 2,600+ people reached

123,500+

Canadians received direct or one-on-one support through Arthritis Talks, the Arthritis Rehabilitation and Education Program, the Arthritis Line and the Arthritis Connections peer support program



Thank you for your generosity

Dear donors,

As we look back at a highly successful year, we are humbled by your support. There are so many ways in which you made a difference — be it through investments in research, donations to one of our innovative programs, or connections with others at events. We are strengthened by you and thanks to your generosity, we are on our way to a future that is free of arthritis.

Arthritis is invisible and yet it causes a lot of suffering, affecting one's quality of life in countless ways. Our co-founder Mary Pack made it her mission to improve the health outcomes of people affected by this devastating disease. As we mark our 75th year, that very goal continues to drive our work, and with you by our side, we are aiming to raise \$60 million over the next three years.

We invite you to read about our donors who are inspiring generosity in many different ways.

Thank you for standing with us on this important cause. We owe our success to our donors, who passionately share our unwavering commitment to extinguishing arthritis.

With gratitude,



Jennifer Stewart
Chief Development Officer



Andrew Branion
Director and Chair, National Council



“The hardest part was the unknown. Getting the right diagnosis took time and there were moments where I felt helpless. As soon as we knew what was going on, I read so much about it. I consulted Arthritis Society Canada’s website and found help in support groups. Confiding in someone that is going through a similar experience really helped.”

- Maddie Watts

A legacy of giving



Frank Capogreco was only in his thirties when he was diagnosed with arthritis. Helen, Frank's sister, shares that his life changed quickly in many ways — he couldn't play sports, travel became difficult, and pain and fatigue affected his everyday life.

By the time Frank turned 45, he was forced to retire from a job he loved. His joints became disfigured, he was compelled to use a walker, and he endured two hip and knee replacements.

Frank passed away at the age of 71. That is when Helen learned about a remarkable gift he left to Arthritis Society Canada. His life with arthritis motivated his investment decisions: he opened an investment fund and built it up; and by the time he passed, Frank's investment fund had grown to over \$445,000.

Helen reflects that Frank never complained about the unexpected turn in his life — he maintained his friendly disposition and sense of humour despite the suffering he had to endure. As Helen says, "He was committed to staying as active as he could, swimming each morning to loosen his joints, doing his prescribed physio, even hiking with his walker."

Helen, along with Arthritis Society Canada, is proud that Frank was able to live life on his terms. He would often quote Jean-Paul Sartre: 'Freedom is what we do with what is done to us.'

"I have suffered from rheumatoid arthritis for over 38 years and that is why I support Arthritis Society Canada. I believe in research and its impact on finding a cure for this debilitating disease that affects so many people. I also use the Society's resources and their helpline. I participate in their webinars, and I also enjoy reading their newsletters on the latest research findings. Keep up the good work!"

- Hélène Giasson,
a long-time major donor

Events

2022 marked a return to in-person events, and we seized the opportunity to engage face to face with over **1,950 donors and supporters** and build new relationships. Daring to dream bigger and bolder, we launched three new events and collectively raised over **\$850,000 (net)**.



April 20, 2022 Arthritis Ideator Awards™

The first-ever pitch-style competition drew more than 170 attendees to celebrate the launch of our bold innovation strategy.



May 27, 2022 All-In for Arthritis

Our 16th edition drew over 300 guests and featured a Diamonds & Denim cocktail party. This event has raised an incredible \$4 million since it launched in 2005.





June 14, 2022 Celebrity Roast

Our 28th Celebrity Roast, honouring Halifax philanthropists Jim and Don Mills, brought 760 people together and raised \$292,500 (net) for arthritis programs in the Atlantic region.



September 15, 2022 Fashion on Fire

200 guests attended this fashion show featuring models living with arthritis and a special collection by designer David Dixon.



November 12, 2022 Arthritis Fire Ball™

Our inaugural Fire Ball was a blazing success, raising \$375,000 (net) to fight the fire of arthritis. Maddie Watts, our bold ambassador, shared her story with over 520 guests.



Thank you to our event sponsors for their generous support

To find out more about event sponsorships, please contact Anna Baranowski at abaranowski@arthritis.ca

By the numbers

\$18,548,284

gifted by **200,000 donors**

\$7,386,952

realized through the **132 planned gifts** of supporters who sought to make a lasting impact

\$814,272

donated by our **5,959 monthly donors**, who provided stable funding throughout the year

\$482,289

contributed by **866 Leadership Circle donors**, whose valued investments enable our work



"Westminster College Foundation is a dedicated partner to advancing the care of children with arthritis in our community. Arthritis Society Canada's camps provide opportunities for children to make friends and memories to last a lifetime. We know that arthritis does not discriminate by age, and barrier-free, camp activities designed for young people with arthritis means they have a space where they can thrive. No one, especially children, should feel defined by their disease."

- Ann Ramundo,
Executive Director,
Westminster College Foundation

Donors

Arthritis Society Canada is grateful for the generosity of our supporters, who are dedicated to helping us fight the fire of arthritis. We are pleased to recognize donors who have made or pledged gifts of \$10,000+ between April 1, 2022, and March 31, 2023, whose cumulative gifts totalled \$2.5 million and more over the course of their giving history, and those reaching a giving milestone of 25 years.

We offer special thanks to the 30 individuals that notified us in 2022-2023 that they have included us in their legacy plans to fight the fire of arthritis beyond their lifetimes.

\$1,000,000+

Lloyd Alexander Hope Trust

\$250,000 - \$999,999

Pfizer Canada SRI

Janice S.

Vancouver Foundation

\$100,000 - \$249,999

HealthPartners Canada

Lotte & John Hecht Memorial Foundation

Brenda Stallybrass

United Way Winnipeg

“Arthritis Society Canada’s work is essential, and we are proud to stand with them to improve the lives of those with arthritis in any way possible,” says Caroline Kolompar, President, Massage Addict.

Massage Addict is a network of 116 health and wellness clinics across Canada that provide massage therapy, chiropractic care, acupuncture and reflexology to help clients manage challenges like pain, stress and anxiety – all of which are faced by people with arthritis.

The generosity of committed partners like Massage Addict enables Arthritis Society Canada to offer the communities we serve more resources, engage our audiences with new programming and reach a greater number of people in need of support.

\$50,000 - \$99,999

AMD Medicom Inc.
The Leonard T. Assaly Family Foundation
Canadian Tire Jumpstart Charities
Douglas A. De Pencier
Federated Health Charities
Organon Canada Inc.
O'Sullivan Family
PartenaireSanté - Québec
Eric T. Webster Foundation
The Windsor Foundation

\$25,000 - \$49,999

Dorothy Anderson
Bosseini Living
Brynjolfur Kristin Brynjolfsson Fund
Calgary Flames Foundation
Camp Tamakwa
The Cooperators
Anne Marie Frediani
Grand Imperial Conclave of Canada Charitable Foundation
Industrielle Alliance Groupe Financier
J+J Shared Services
Janssen Inc.
KPMG Foundation
Lindsay Construction
Massage Addict
Nicola Wealth Management Private Giving Foundation
Prep Doctors
Margaret Rothweiler Charitable Foundation

Scotiabank

Diane Blake & Stephen Smith
Wai On Foundation
Westminster College Foundation

\$10,000 - \$24,999

AbbVie
Airtime Express Inc.
Amgen Canada Inc.
Bank of Montreal
Patricia Barbato
Bell Canada- Community Affairs Department
Dr. Richard Bendor-Samuel Charitable Foundation
J.P. Bickell Foundation
Boehringer Ingelheim (Canada) Ltd
Ann Bucke
Derek Bullen
G. Raymond Chang Ltd.
Donette Chin-Loy
CI Financial
CIBC Private Wealth (Wood Gundy)
Randolph W. Cousins
Kris and Ashit Dattani
Deloitte Management Services LP
Fondation J. A. DeSève
John and Gay Docherty
Dolphin Bingo
DRI Healthcare Trust
Duracell
Falcon Foundation
Wadih M. Fares Family Foundation

Flexon Industries
Mike Gardner
Helen Garrett Foundation
Hélène Giasson
Fondation Famille Godin
Samuel H. Gilfix Endowment Fund
Edna Herbert Charitable Foundation Giving Fund
Nancy E. Hopkins
Robert C. Howard
Innomar Strategies
Innovative Medicines Canada
Isure.ca
Jamp Pharma Corp.
J-G Cordone Investments Limited
Herbert Kakoschk
KaLaya Health & Wellness
Kate Maura Kilty
Mary E. Kirkpatrick Memorial Fund
Margaret Chui Lee
The Ken And Roma Lett Foundation
Pierrette Levesque
Duncan Mathieson
Harrison McCain Foundation
Yvonne McGregor (and the late Donald E. McGregor)
McMillan LLP
Medline Canada Corporation
The Catherine and Maxwell Meighen Foundation
Micco Companies
Fondation Simone Morin et Valmont Garneau
Municipal Group of Companies
Jake & Bev Neufeld
New Brunswick Children's Foundation

New Gold
New Horizons for Seniors Program
Nordic Pharma Inc.
Ocean Contractors Limited
Lynn Oldfield
Ontario Sports Network
O'Regan's Automotive
Ottawa Community Foundation
Pallet Vallo LLP
David C. Pauli
PayPal Giving Fund Canada
PointClickCare
Polar Asset Management Partners
Pomerleau Inc.
Private Giving Foundation
RISE Properties
River Philip Foundation
Helen and Gerard Shearer Foundation Fund
Greg Simpson
SoloPill Inc.
South Saskatchewan Community Foundation
Bristol Myers Squibb Inc.
TD Bank Group
TELUS Enterprise Solutions
TELUS Friendly Future Foundation
The Toronto Star Children's Charities
Kathryn and Bill Troubridge
United Way Of Greater Toronto
Valeo Pharma
Victoria Foundation
Jim Wilhelm

Legacy & estate gifts

Estate of Marilyn Jean Angus
G. Grant & Dorothy F. Armstrong Foundation
Estate of Peter Avirovic
Estate of Jessie Edith Rae Baker
Estate of Ruby Elizabeth Barnhill
Succession de Lise Beauchamp
Estate of Helen Caroline Benninger
Estate of Cyril Bilodeau
Estate of Maureen Elizabeth Blair-Leighton
Estate of Sydney Barbara Blewett
Estate of Annie Boyle
Estate of Ernest Bradshaw
Estate of Dr. Edward Brooker
Estate of Mary Isabel Brown
Estate of Gordon Butler
Estate of Dorelle Cameron
Succession Dorothy Cannon-Mercier
Estate of Francois Raymond Capogreco
Estate of Mildred Laura Lou Carberry
Estate of Anita Rose Carroll
Mable Chadwick Charitable Trust
Estate of Marjorie G. Chambres
Estate of Shirley Masson Charlton
Estate of George Leonard Clampitt
Estate of Isobel Margaret Cork
Estate of Amelia Marie Cosgrove
Estate of Roland George Coudriau
Walter and Mildred Danby Fund
Estate of Erna A. Davis

Estate of Marcel Decock
Estate of Elma Sadie Demchenko
Estate of Susan Elizabeth Dew
Estate of Sylvia Willemina Drop
Estate of Margaret Mary Theresa Dumberg
Douglas Harold Evans Charitable Foundation
Fahy Family Trust
Estate of David Henry Flint
Succession de feu Rhéal Jos Galant
Estate of Evelyn Gardner
Estate of George John Gelderloos
Estate of Marcelle Ghisletti
Estate of Leno Richard Gos
Estate of Shirley Laurena Grant
Estate of Gillian Mary Hancox
Estate of William Harder
Estate of Brenda Irene Hatton
Estate of Lillian Margaret Henderson
Estate of Eve Rosemary Holdway
Lloyd Alexander Hope Trust
Estate of Isabelle Ruth Hummel
Estate of Joan Mary Illerbrunn
Estate of John David Isbister
Succession de Claire Jacob
Estate of Margaret James
Estate of Olive Elizabeth James
Estate of Barbara Elaine Jones
Estate of Hilda May Jones
Estate of Ellen Kates
Estate of Richard David Kert

Estate of Patricia Shirley Agnes Kirkland
Estate of Jacob Peter Klopper
Estate of Erika Knipfel
Estate of Flora Knoske
Estate of Bob Kolstad
Estate of Marianna Korman
Estate of Jean Laflamme
Estate of Shirley Ann Lash
Estate of Rosamond Virginia Leach
Succession de Lyse Leblanc
Estate of Edith Margaret May LeCain
Estate of Liane Lemay Desmarais
Frank Lew Trust
Estate of Agnes Eleanor Lewis
Estate of Annette Demont Lewis
Estate of Thomas C.M. Logan
Estate of Archibald MacDonald Anderson
Estate of Janice MacDonald
Estate of Katherine Frances MacDonald
Estate of Eric MacNeil
Succession de André Marceau
Estate of Brian Marshall
Estate of Audrey Elizabeth McFadyen
Estate of Lynn Sterling McLean
Estate of Cathrine Ruth McLeod
Robert John Mineary Trust
Estate of Eugene Gatien Montpellier
Estate of Mary Moore
Estate of Edith June Muirhead
Estate of Sarah Nykiforuk

Estate of Margaret Jean Oldham
Estate of Margaret Helen Oliver
Estate of Thelma May Ollson
Estate of Barbara Veronica Pavelich
Estate of Francoise Poitras
Succession Étienne Poitras
Estate of George Prete
Estate of Ida Razeau
Estate of Eleanor Maria Donetta Roberts
Estate of Viola Jean Roberts
Margaret Rothweiler Charitable Trust
Aaron Sanderson Endowment Fund
John A. Sanderson & Family Trust
Estate of Micheline Claire Savard
Estate of Austin Earle Sibbick
Estate of Cynthia Rosina Spencer
Estate of Eldeen Stark
Bennett W. Steinberg and Mary Steinberg Endowment Fund
Dollie Strelaeff Endowment Fund
Estate of Linda Rose Szekat
Succession Lucien Tanguay
Estate of Julijs Adolfs Toms
Estate of Evelyn Lorraine Toole
Estate of Wilhelmina Vander Torre
Estate of Albert Truss
Estate of Jennifer Turner
Estate of Lorraine Madeline Urquhart
Estate of Gary George Vamplew
Estate of Aart Van Den Akerboom
Estate of George Henry Veinot

Estate of Shama K. Vethamany
Estate of Eric Alfred Wade
Estate of Georgie Earline Walsh
Estate of Elizabeth Joan Williams
Estate of Joan Audrey Williams
Orville and Alvera Woolacott Foundation
Estate of Thomas Yellow

Cumulative lifetime giving of \$2.5 Million+

AbbVie
HealthPartners Canada
Merck Canada Inc.
Pfizer Canada SRI
Various funds at the Calgary Foundation
Various funds at the Vancouver Foundation
Various funds and supporters at United Way British Columbia
Various funds and supporters at United Way of Calgary and Area

Celebrating 25 years of consecutive giving

Karen A. Beitel
Birtle Donor's Choice
Bruce D. Cappel
Susan Christie
Ms. J. Diane Corriveau
Cremona & District Community Chest
Mrs. Enyd Floyd
Mr. Keith Galloway
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Ms. Margaret A. Hammond
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Ms. Deborah Tkaczuk
Ms. Geraldine E. Twomey
Mr. William M. Young

We are grateful to the many donors and sponsors who contributed between \$5,000 and \$9,999 in 2022-2023 with an annual or legacy gift. Visit [arthritis.ca](https://www.arthritis.ca) to see a list of these generous supporters.

We extend our gratitude to those who kindly support our work and wish to remain anonymous and regret any errors or omissions. Please email donorservices@arthritis.ca to update how you wish to be recognized.

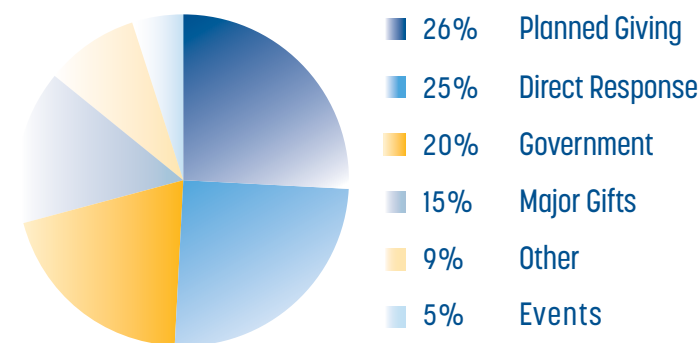
Financials

Statement of financial activities

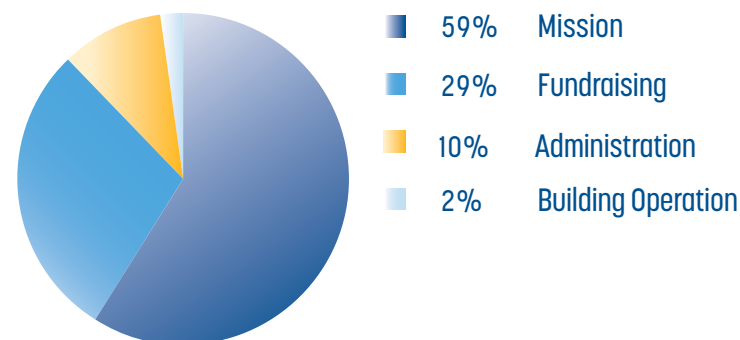
Year ended March 31, 2023, with comparative information for 2022

	2023	2022
REVENUE	\$	\$
Major Gifts	4,420,498	3,194,156
Planned Giving	7,386,952	4,904,786
Direct Response	7,251,251	7,795,839
Events	1,574,769	204,707
Government	5,743,460	6,521,390
Other	2,615,479	2,303,570
TOTAL REVENUE	28,992,409	24,924,448
EXPENSES		
Research	6,237,332	5,247,265
Programs and services	10,745,652	9,809,390
Building operation	745,588	668,474
Administration	2,860,071	2,324,635
	20,588,643	18,049,764
Cost of raising funds from the public	8,364,359	7,447,313
TOTAL EXPENSES	28,953,002	25,497,077
Excess (deficiency) of revenue over expenses before the undernoted	39,407	(572,629)
Unrealized gain (loss) on investments	(481,128)	145,227
Deficiency of revenue over expenses	(441,721)	(427,402)

SOURCES OF REVENUE | AS OF MARCH 31, 2023



EXPENDITURES | AS OF MARCH 31, 2023



Full audited financial reports are available at arthritis.ca/finances.

Governance and leadership

Board of Directors

Duncan Mathieson, Chair

Andrew Branion, Director

Jeffrey Brown, Director

Jay-Ann Gilfoy, Director

Deborah Greenberg, Director

Ingrid Gutzmann, Director

Nancy Hopkins, Vice Chair

Jeff McCann, Director

Lynn Oldfield, Director

Neal Oswald, Treasurer

Vas Rao, Director

Ronald Reuben, Director

Dr. Evelyn Sutton, Director

Rani Turna, Director

Michele Walsh, Director

Dr. Stephen Weiss, Director

Executive team

Trish Barbato

President and CEO

Jennifer Stewart

Chief Development Officer

Siân Bevan, Ph.D.

Chief Science Officer

Cheryl McClellan

Chief Operating Officer

How we work

The Arthritis Society Canada network includes a central office in Toronto and employees across the country. Our work is supported by a robust community of more than 500 dedicated volunteers in communities coast to coast to coast.

National Council

Chaired by Andrew Branion and comprised of some of Canada's brightest minds and dedicated arthritis ambassadors, the National Council advises on and actively engages in fundraising efforts for Arthritis Society Canada, building important relationships with new and long-time donors.

Arthritis Society Canada is committed to advancing arthritis care and research, and the strategic leadership and counsel of these dedicated executive volunteers enables us to raise critical funds to support our mission and to champion the resilient spirit of those living with arthritis.

Andrew Branion, Chair
Simon Lemay, Vice Chair
Al Behrouzan
Alison Coville
Andrew Bevan
Bill Papadimitriou
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Shareef Isa
Shelly Anwyll
Vas Rao
Ex-Officio Members:
Trish Barbato
Jennifer Stewart
Michael Whitcombe

Interested in getting involved in the National Council? Contact Jennifer Stewart at jstewart@arthritis.ca.

Executive fundraising volunteers

Our work would not be possible without the expertise and support of our **75** executive fundraising volunteers who bring immeasurable value to our fundraising efforts through their contributions to our committees.

Committee Chairs and Vice Chairs:

Andrew Branion, Chair, National Council
Simon LeMay, Vice Chair, National Council
Ted Ellis, Chair, Creative Council

Sikin Dharamshi, Chair, Arthritis Fire Ball™ (Toronto) & Fashion on Fire
Carmen Martinez, Vice Chair, Fashion on Fire
James Morrison, Chair, All-In for Arthritis
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