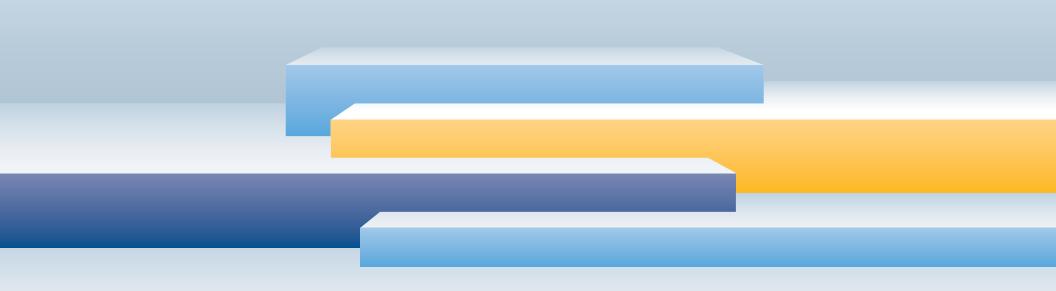


# All in to end arthritis

**ANNUAL REPORT 2023-24** 





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## **Building a future beyond the limits of arthritis**

#### Dear friends,

This year marks an important moment for us. Twentyone Champions from the arthritis ecosystem have come together to transform how we diagnose, treat and care for arthritis with a commitment to create a 10-year nationwide Arthritis Action Plan. Arthritis Society Canada is driving the Plan, managing its key activities and mobilizing funding to advance this important initiative.

With your generosity and support, we are working relentlessly to support the 6 million people in Canada living with the brutal realities of arthritis. There is urgency in our work and that is why we're making bold decisions today to create a future beyond the limits of arthritis.

In 2023-24, we raised the profile of arthritis, elevating the urgency of our work and setting a new standard for action. Our relentless drive has expanded our reach and increased care in underserved areas, reaching 3.7 million people with arthritis with reliable information and resources. With the generous support of our donors and partners, we invested \$6.6 million in research and innovation.

Our first-ever State of Arthritis in Canada Report Card revealed that access to arthritis care is a challenge and research is underfunded in all provinces and territories. These results underscored the need for the Arthritis Action Plan, opening doors for important conversations with provincial and federal government stakeholders and garnering significant media attention.

As we reflect on the past year, we are proud of our collective accomplishments. It is only with your support that we can do this work — building a brighter future for people living with arthritis.

Together, we will turn the tide of this disease.

With gratitude,

Trish Barbato President and CEO Arthritis Society Canada



Nancy Hopkins Board Chair Arthritis Society Canada



### 2023-24 HIGHLIGHTS

# Changing the course of arthritis

We are investing in research, advocating for policy change, innovating breakthroughs, and providing information, education and support to create a pain-free future for the 6 million people in Canada who live with the brutal realities of arthritis.



83%

growth in direct research investment since 2020

### \$6.6M (2023-24) \$6.4 M (2022-23) \$5.3M (2021-22) \$3.6M (2020-21)

# **34** policies impacted

- Models of care
- Pharmacare
- Drug input submissions
- Wait times for joint replacement surgeries
- Prevention

# 3,038

communities reached through Arthritis Talks and Arthritis Connections

<b>AB</b> - 212	<b>NL</b> - 112
<b>BC</b> - 210	<b>NS</b> - 250
<b>MB</b> - 102	<b>ON</b> - 814
<b>NB</b> - 165	<b>PE</b> - 40

ARTHRITIS TALKS + ARTHRITIS CONNECTIONS

**QC** - 976 **SK** - 117

**NT** - 5 **NU** - 1

<b>YT</b> - 5
<b>Other</b> - 29

# **Creating research breakthroughs**

We are forging a path toward a future where individuals can live pain-free. As Canada's largest charitable funder of arthritis research, we invested \$6.6 million in research, and brought together 170 research trainees, scientists, clinicians and consumer experts virtually at the 5<sup>th</sup> annual Canadian Arthritis Research Conference.

#### **Five research priorities:**

- 1. Osteoarthritis
- 2. Inflammatory arthritis
- 3. Childhood arthritis
- 4. Pain management
- 5. Work

#### **135** active research projects

79 operating grants
38 training awards
15 career development awards
3 team grants

142 peer-reviewed publications313 new collaborations295 presentations given

377 researchers and research staff at 29 institutes supported across Canada

132 lead researchers

121 additional trainees

**124** highly qualified research personnel

**Every dollar** Arthritis Society Canada invested was **multiplied 4 times** by other sources.

With Arthritis Society Canada's support, **Dr. Olufemi Ayeni** at McMaster University is working to transform osteoarthritis treatment through the REPAIR Trial. He and his colleagues are combining elements of a limited microfracture while also applying collagen on top of the damaged cartilage to promote cartilage tissue regeneration. This project includes participants between 18-50 years of age with hip pain due to cartilage damage and early osteoarthritis.

"The goal of this trial is to evaluate if this novel repair will grow better functioning and more normal-appearing cartilage than the microfracture procedure. The ultimate goal is to evaluate which procedure will prevent the onset of osteoarthritis. In the best-case scenario, we find another viable treatment option to treat a wide range of patients with painful hips due to early arthritis and cartilage damage. The long-term hope is that we can delay the need for more involved surgery, such as hip replacement or other treatments."

- Dr. Olufemi Ayeni, Professor and Academic Division Head of Orthopaedic Surgery at McMaster University



# **Advocating for lasting change**

We are sounding the alarm on the social and economic costs of arthritis, fostering strategic partnerships to ensure every person living with arthritis in Canada has timely and equitable access to care, and setting new standards for action that command attention. Last year, we impacted 34 public policies, had over 75 meetings with government officials and released a landmark report on The State of Arthritis in Canada that garnered national attention.

### The State of Arthritis in Canada Report Card

In a groundbreaking effort to improve arthritis care and awareness, we worked closely with our partners and communities across Canada to look at how provinces and territories are supporting people living with arthritis.

We found an urgent need for action and innovation in the field of arthritis care. Guided by our key findings, we are committed to helping develop an effective, solution-oriented Arthritis Action Plan that improves access to care, research and education.

### 

and treatment; wellness; research and innovation.

#### GRADING LEGEND A: Excellent B: Good

C: Satisfactory D: Improvement needed F: Significant improvement needed

### Canada needs better arthritis data

**KEY FINDINGS:** 

- Access to arthritis care is a challenge
- Arthritis research is underfunded
- Highest grade among all provinces and territories was C

**30+** media interviews **700+** media hits

50M+ media impressions

## 583 advocacy actions

# Engagements with policymakers and advocates

**30** new advocacy volunteers

**10** pre-budget submissions 75+ meetings with government

12

government

consultations



### **Ontario lobby day**

On October 19, our volunteers gathered with local MPPs and policy leads, including the Minister of Health, Opposition Health Critics, the Minister for Seniors and Accessibility, the Associate Minister of Women's Social and Economic Opportunity, and the Solicitor General, to share policy recommendations that would improve the lives of people living with arthritis in the province.

"It was great to see so many people who live with arthritis speaking up and raising awareness of the struggles of living with a chronic condition that has been so downplayed and dismissed. There were some amazing people there and it was a joy to participate."

- Therese Lane, volunteer



# Alberta leading the charge to stop osteoarthritis in its infancy

Developmental dysplasia of the hip (DDH) is a leading cause of early hip replacement. If detected in newborns, DDH can easily be treated, sparing them a lifetime of pain and arthritis. But right now, up to 90 per cent of DDH cases are missed. That's as many as 25 babies born in Canada each day who are not being treated for DDH and may grow up to experience irreversible damage.

The Newborn Arthritis Prevention Screening (NAPS) Project led by Arthritis Society Canada and Dr. Jacob Jaremko at the University of Alberta has developed a way to screen and diagnose DDH easily and affordably using Al and a portable ultrasound, light as a hairbrush.

The low cost and affordability of this digital health device are game-changing, holding the potential to save millions of dollars for our healthcare system and providing equitable screening and diagnosis. We are prioritizing Indigenous babies, whose incidence of DDH is up to 12 times higher, and rural and remote communities, where screening is often not available.

To get this project launched, first in Alberta, Arthritis Society Canada will fund \$10 million. We are bringing together government at all levels, Indigenous Peoples, and health system leaders to ensure the program is tailored for different regions and communities.

Within the next decade, we envision the majority of infants being screened for DDH as part of their routine checkups. That's ensuring we prevent osteoarthritis in thousands of babies every year.

To learn more, please contact Chelsey McNeil at cmcneil@arthritis.ca.





### **Returning the favour**

Dr. Raymond Lam and Alanna Wong remember their sister, Joyce Lam, as head-strong and resilient. These were traits that served her well as she wrestled with arthritis for most of her life.

"She was always a fighter," says Raymond.

A grateful fighter, one could say. Joyce, who passed away at age 63 in April 2022 after arthritis had caused severe damage to her heart and lungs, left Arthritis Society Canada a gift in her Will to help change the future for people impacted by the disease.

Joyce's health deteriorated rapidly in her mid-20s due to arthritis. She was admitted to hospital where doctors didn't think she'd survive, but a clinical trial of a medication gave her a new lease on life. She lived more than 30 years longer than doctors predicted, relying on Arthritis Society Canada's support. In return, she volunteered.

"Arthritis Society Canada helped [Joyce] to stay independent," says Alanna. "That's why she volunteered, and why she wanted the gift she willed to help patients impacted by arthritis access the much-needed support they might not be able to afford themselves."

In 2004, Arthritis Society Canada helped to start a fund in Joyce's name. It supports programs and services meant to reduce pain and disability for people living with arthritis. Joyce planned for her estate gift to go into the fund, ensuring Arthritis Society Canada would receive income installments when she passed.

"Joyce was incredibly special," says Liesl Drayton, National Director, Planned Giving at Arthritis Society Canada. "This very generous gift will help to ensure her legacy lives on."

# Innovating for a better quality of life

Canada's top scientific and entrepreneurial minds are coming together to create innovative solutions that will change lives. We continue to create breakthroughs by supporting entrepreneurs with promising ideas, fostering partnerships with leading innovators, and awarding grants that allow life-changing projects to get to market.

\$995,765

committed through 10 new Ignite Research Grants

### **36** grants awarded since inaugural year:



#### **2023 ARTHRITIS IDEATOR AWARDS**

Four Canadian innovators received the prestigious Arthritis Ideator Award for driving novel solutions to support people living with arthritis to:

- reduce the time it takes to get a diagnosis
- match people to appropriate clinical trials
- find the right medication in the right dosage
- help people in rural and remote areas manage their disease.

\$200,000 awarded to 4 entrepreneurs

"I cannot thank the Arthritis Society Canada Ideator Awards and the community enough for your support. With your funding we were able to reach significant milestones with our 'recommendation engine' AI technology and will continue to develop and collaborate with the ambassadors, clinicians and partners in the space to create a more patient-enabled experience when it comes to treatment and condition management."

- Cassandra Hui, Founder & Chief Executive Officer, Heal Mary

Heal Mary is a digital tool that uses machine learning to match people with arthritis to clinical trials, giving them access to treatments not yet available elsewhere.

#### NEW PARTNERSHIP CREATES TRANSFORMATIVE OPPORTUNITIES FOR INNOVATORS

Arthritis Society Canada is investing in innovation through an exciting new partnership with Creative Destruction Lab (CDL) at the University of Toronto's Rotman School of Management. CDL is an objectives-based program for massively scalable, seed-stage science and technologybased companies. With access to world-class mentors and an unparalleled network, CDL connects investors, scholars and risk-takers to support novel approaches to real-life challenges. This partnership ensures deeper support to innovators, helping them turn unique ideas into reality and support arthritis solutions.

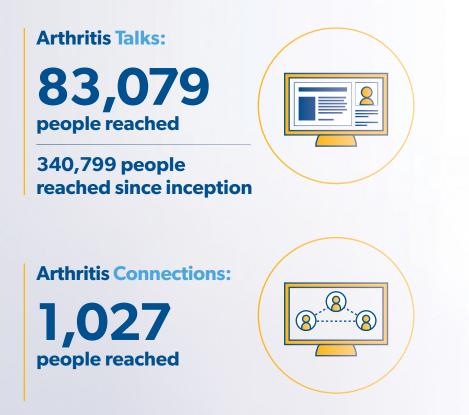
Starting April 2024, we are raising \$750,000 to fund this partnership.

"CDL creates a marketplace for entrepreneurial judgment – through this partnership, experienced entrepreneurs will help founders scale their innovations in arthritis technology. We're absolutely thrilled to welcome Arthritis Society Canada to our global CDL community."

- Sonia Sennik, Executive Director at CDL

# **Bringing expert information and support to better serve communities**

We are changing the conversation around arthritis by helping people understand the brutal realities of the disease, how to manage it and find ways to live life to the fullest despite their diagnosis. Last year, thanks to the generosity of Pfizer and our donors, we helped 83,079 people get expert information on arthritis through Arthritis Talks and assisted 2,846 people through the Arthritis Line and Arthritis Connections, our free telephone and email service and peer support program for people living with arthritis.



# We are reaching more and more people in Canada each year.

Website: **1.76 million visitors** 

*flourish* newsletter: **105,634** subscribers

Arthritis Line: **1,819 people supported** 

Arthritis Awareness Month September 2023





52 proclamations and48 landmarks lit up in blue



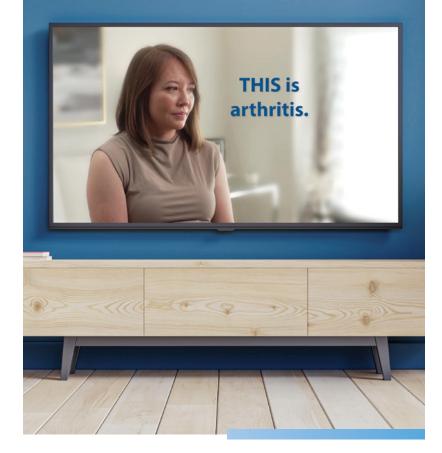
**3.7 million** Canadians reached with trusted information

"My mother wants to thank you for all your help and the information brochures you shared. She referred to them often and found them very helpful. I just wanted you to know how much you impacted her recovery. Your concern and encouragement was, and still is, very much appreciated!"

- Arthritis Line client, New Brunswick

# 89,900+

Public Service Announcements across Canada raising arthritis awareness





### Supporting kids with childhood arthritis

295 campers at 6 camps nationwide

backpacks distributed across all provinces and territories

133

**157** Club Sunrise/club Soleil levant program participants

"Camp is a place where I can always be around people who understand me. This is something I value since I have never met anyone else with my condition other than when I am at camp."

- Camper, 2023 Camp BC

### **Arthritis Rehabilitation and Education Program (AREP)**

# 20,824 visits and 9,665 people reached through groups and presentations

"Your knowledge and professionalism helped me address my physical needs as well as make me feel seen as an individual – not just another person on someone's patient list. The road to close a diagnosis has been a long one; you have made this journey less lonely, and your professional support was a constant I needed during this process. You helped me find solutions in dealing with physical limitations to improve my quality of life while living with arthritis."

- AREP client, Ontario

#### **Community Action Grants**

Arthritis Society Canada's Community Action Grants are providing opportunities for people to connect, learn and thrive with arthritis in underserved communities.

"Participants are reading the material provided and researching more for themselves; they feel empowered. There is less of an atmosphere of 'Well, this is just the way it is; you can't change it' to a more positive outlook of 'This new information may help, and I am going to try this.'"

- Program Coordinator, Flourish 55+ Thriving with Arthritis, Nova Scotia, 2023-24 Recipient of Community Action Grant

### **Compelled to contribute**

Senthooran Punithavel vividly recalls learning that his longtime friend's young daughter nearly lost her life due to arthritis complications. The Financial Advisor at the Co-operators was chatting with Dina Chan, a friend from high school, about the challenges her teenage daughter Jayna had faced for a decade. Jayna was diagnosed with a rare form of childhood arthritis at age 3, and after several setbacks, underwent a bone marrow transplant in 2020. The procedure saved her life, but Senthooran was stunned to learn of the ordeal and began imagining his own children in a similar situation.

"I have kids the same age as Jayna. It really affected me. What if it had been my child? I knew something needed to be done," Senthooran says.

#### He followed through.

In May 2024, the Co-operators were the Presenting Sponsor of Fashion on Fire, an awareness-building event in Toronto. It was an apt partnership aligned to the Co-operators' giving strategy.

"The Co-operators stands for helping people overcome adversity," Senthooran says. "Getting involved was a natural fit, especially because arthritis isn't in the spotlight the way many other diseases are."

Senthooran adds that several people in his life, including family members, live with the challenges of arthritis. Due to the misconception that it's a mild, age-related condition, however, he says people often suffer in silence. He wants to right that wrong.

"Arthritis isn't something people have to live through. We need to find manageable solutions and a cure," he says. "It'll help future children from having to suffer the way Jayna suffered, and I'm happy to be part of that work in any way I can."



# **Investing in impact: Recognizing our donors**

### **Charging forward with laser focus**

Dear donors,

To solve a disease as unrelenting as arthritis, an equally unrelenting dedication is needed. This is what you have shown over the past year, and for that we are deeply grateful.

Thanks to your generosity, Arthritis Society Canada has helped to ensure that vital research, life-changing programs and support services, and crucial advocacy efforts could be carried out. We hope you will enjoy reading about these successes. Not only are these focus areas important for the 6 million people in Canada living with arthritis, but they're critical for the millions more who could be impacted in the future. It's estimated that if we don't confront arthritis, 9 million people in Canada could be affected by 2040.

In partnership with you, we will continue to confront this debilitating disease. Our bold Arthritis Action Plan is at the centre of our priorities, and it involves not only those impacted by arthritis, but everyone in Canada. To transform health outcomes and improve the quality of life for people living with arthritis, we all must understand the urgency. You, valued members of our donor family, can help us raise awareness and effect change.

Thank you again for your support. We know much success is ahead as we continue to work together.

With gratitude,



Jennifer Stewart Chief Development Officer Arthritis Society Canada



Andrew Branion Chair, National Council (2020-2024) Vice-Chair, Board of Directors Arthritis Society Canada

"On behalf of Lindsay Construction, I was so proud to lend support as the Arthritis Society Canada 2023 Celebrity Roastee. With one in five Canadians affected by the disease, it's crucial we fund the research, advocacy and services that Arthritis Society Canada provides to improve the lives of those affected by arthritis. Ongoing corporate support and donations like ours will enable advancements in treatments, support programs for patients and their families, and ultimately, a cure."

- Cory Bell, President & CEO, Lindsay Construction

"I was in my mid-20s when I was diagnosed with arthritis. I was shocked — I'm young, healthy and active. I'm definitely not a victim, but arthritis impacts every aspect of your life. Axis Insurance and Arthritis Society Canada care about people, and that's why this partnership is important. I'm truly honoured to be part of the Axis team and their legacy because they're protecting people, businesses and communities in Vancouver and across the country."

- Dorothea Dowling, Senior Vice President, National Practice Group Leader - Personal Insurance, Axis Insurance

"Arthritis Society Canada's work is critical to advancing research and innovation, advocating for policy change, and providing education and support. I am proud to be a member of the National Council and that my organization, Medline Canada, Corporation, shares the same passion and purpose of improving the care of Canadians. We are honoured to stand with Arthritis Society Canada as it continues to find bold and impactful ways to improve the lives of people living with arthritis."

- Diana Gazdar, Vice Chair, National Council and Vice President, Marketing, Medline Canada, Corporation







# Uniting for change

It was an exciting year of growth; our events created opportunities for more than 2,525 donors and supporters to connect and innovate. And it wasn't just our incredible community that grew — with the continued momentum of last year's three new events, we collectively raised over \$1,000,000 (net).

# Thanks to our event sponsors for their generous support.

To find out more about event sponsorships, please contact Anna Baranowski at **abaranowski@arthritis.ca** 

#### **APRIL 20, 2023**

#### **Arthritis Ideator Awards**

In just its second year, this innovative competition doubled its attendees to 300 and amplified incredible projects designed to better the lives of those with arthritis.



#### **APRIL 25, 2023**

#### **Celebrity Roast**

Honouring philanthropist Cory Bell, the evening was full of side-splitting comedy, but the impact of the 29<sup>th</sup> annual Roast was no joke. 750 guests raised \$340,000 (net) for arthritis programs in the Atlantic region, and Halifax's own Mayor Mike Savage was a guest roaster.



#### **JUNE 1, 2023**

#### **All-In For Arthritis**

Denim, diamonds and dedication to fighting the fire of arthritis were on full display at our 17<sup>th</sup> annual poker tournament. With 375 guests, and \$4.2 million (net) raised since 2005, the event was a royal flush.



#### **SEPTEMBER 28, 2023**

#### **Fashion on Fire**

Our second annual red-hot runway event brought together over 350 of Toronto's corporate and fashion elite, featured inspiring models living with arthritis, and saw the return of designer David Dixon as he unveiled another exciting arthritis-friendly collection.



#### **NOVEMBER 4, 2023**

#### **Arthritis Fire Ball**

Our second annual Arthritis Fire Ball raised the temperature and the bar by bringing together 750 guests and raising a fiery \$400,000 (net). Diana Gazdar, our arthritis hero, shared her story in an inspiring video.





Featured guest **Diana Gazdar** shared her inspirational story at our Arthritis Fire Ball in Toronto, celebrating the strength, resiliency and perseverance of people living with arthritis, moving the audience to tears. "The hardest part of having arthritis was having to choose whether or not to have a family that I wanted and living a lifetime of pain," Diana shared in a video played during the event.

## By the numbers

# \$20,069,504

gifted by 97,288 donors

# \$6,866,761

realized through the **142** planned gifts from supporters who sought to make a lasting impact

# \$863,028

donated by **5,956** monthly donors who provide stable funding throughout the year "I had several episodes of psoriatic arthritis in my youth. Advances in research have meant that we can now benefit from drugs that are more effective than what was previously used. It is therefore a pleasure for me to contribute to research through donations that I have been making to Arthritis Society Canada for several years."

– Léon Bérard, ing. Granby, monthly donor

## Our generous donors

Arthritis Society Canada is grateful for the generosity of our supporters, who are dedicated to helping us fight the fire of arthritis. We are thrilled to extend our heartfelt gratitude to those donors who have made significant contributions, with gifts or pledges totaling \$10,000 or more, between April 1, 2023, and March 31, 2024.

We extend our profound gratitude to the 48 individuals and families who have chosen to leave a lasting legacy through a planned gift to Arthritis Society Canada. Their foresight and compassion not only ignite hope in the fight against arthritis but also ensure a lasting impact that extends far beyond their lifetimes.

### \$500,000 - \$999,999

O'Sullivan Family Pfizer Canada

### \$250,000 - \$499,999

Raymond Chang Foundation TD Bank Group The Vancouver Foundation

### \$100,000 - \$249,999

CDPQ HealthPartners Canada Medline Canada Corporation United Way Winnipeg

### \$50,000 - \$99,999

AMD Medicom Inc. The Leonard T. Assaly Family Foundation Brynjolfur Kristin Brynjolfsson Fund at The Winnipeg Foundation Canadian Tire Jumpstart Charities The Co-operators The Doug de Pencier Fund Federated Health Charities Jay-Ann Gilfoy Donna C. Holtsbaum Margaret MacKenzie Massage Addict Meridian Credit Union Limited Nordic Pharma Inc. Organon PartenaireSanté - Québec Tylenol Eric T. Webster Foundation The Windsor Foundation

### \$25,000 - \$49,999

Amgen Canada Inc. **Dorothy Anderson BELL Bosseini** Livina **Calgary Flames Foundation** Camp Tamakwa Inc. G. Raymond Chang Ltd. John & Mary Crocker Fondation J. A. DeSève Gay & John Docherty Anna Marie Frediani Research Fund Fresenius Kabi Canada Ltd Grand Imperial Conclave of Canada **Charitable Foundation** Industrielle Alliance Groupe Financier Jamp Pharma Corp. lanssen Inc. **KPMG** Foundation Lindsay Construction George Macri Marcatus QED Inc.

Cheryl McClellan The Catherine and Maxwell Meighen Foundation J & W Murphy Foundation New Brunswick Children's Foundation Nicola Wealth Management Private Giving Foundation Scotiabank Diane Blake & Stephen Smith Jennifer Stewart + Russell & Daniel Wai On Foundation Donna J. Wyman

### \$10,000 - \$24,999

**AbbVie** AIG Insurance Company of Canada Airtime Express Inc. Axium Infrastructure **Bank of Montreal** Patricia Barbato **Gloria Baylis Foundation** Fondation Bon départ de Canadian Tire du Québec BoyneClarke LLP Ann Bucke **Chor-Yue Grace Chan** Chez Alexandre et fils John Chippindale **CI Financial CIBC Private Wealth Wood Gundy** 

Patricia Collier R. W. Cousins Deloitte Desjardins Sikin Dharamshi Frederick And Douglas Dickson Memorial Foundation **Economical Insurance EY** Canada Fondation Simone Morin et Valmont Garneau Helen Garrett Foundation Samuel H. Gilfix Endowment Fund at **The Winnipeg Foundation** GlaxoSmithKline Inc. **Robert Goodall Charles Green Innovative Medicines Canada** Shareef & Tammy Isa ivari Navin Kaminoulu Kanish & Partners LLP **KPMG Management Services LP Pierrette Levesque** Loopstra Nixon LLP **Jeffrey Marshall** Duncan Mathieson McDonald's - 175246 Canada Inc. Yvonne McGregor (and the late Donald E. McGregor)

Medavie **Micco Companies** Edward Mortl **Municipal Group of Companies** lake & Bev Neufeld New Horizons for Seniors Program Northbridge General Insurance Corporation **Ocean Contractors Limited Ocean Pacific Hotel Group** Lynn & Tom Oldfield O'Regan's Automotive Pallet Valo I I P David C. Pauli **Polar Asset Management Partners** Pomerleau Inc. PricewaterhouseCoopers LLP las Randhawa Rexall Care Network **River Philip Foundation** Kenneth & Dorothy Rowe Foundation Sage Software Canada Sancton Access **Leonard Sanders Family Foundation** Schroeder Arthritis Institute Steve Simonot **Greg Simpson** SoloPill Inc. Starshot Ventures Inc. **Gregory Steers** 

William Stewart Stewart McKelvey Strategic Charitable Giving Foundation Sutherland Foundation Inc. Swiss Chalet & Harvey's Charity Golf Tournament **TELUS Edmonton and Northern** Alberta Community Board **TELUS Manitoba and Saskatchewan Community Board TELUS Montreal Community Board** The Toronto Star Children's Charities Kathryn & Bill Troubridge UCB Canada Inc. **UHN** Foundation United Way of Calgary and Area W.M. Fares Group Waddell Transport Ltd Susan H. Walsh **Wellesley Therapeutics** Dr. Jean Wessel Westminster College Foundation Wheaton Precious Metals Corp.

#### Legacy & Estate Gifts

Estate of Lillian Marie Allen Estate of Helene Amyot John P. Andrews Succession de Rolande April **Estate of Lily Merle Ash** Succession de Lise Beauchamp Estate of Helen Bell-Bradshaw Estate of Joan Doreen Bennett Succession de Henriette Bérard Succession de Suzanne Binet **Estate of Walter Bodzian** Estate of Ernest Bradshaw Estate of Dr. Edward "Ted" Brooker **Estate of Craig Roy Brooks** Estate of Rita Louise Browne Estate of Gordon Butler Estate of Elizabeth M. Buzzell **Estate of Nancy Carol Cain** Estate of Colleen Cameron Estate of Dorelle Cameron **Estate of Leila Campbell** Succession de Dorothy Cannon-Mercier Estate of Victoria Caran Estate of Lorna June Carroll Mable Chadwick Foundation Estate of Marjorie G. Chambres Estate of Mary Ann Chrysler **Estate of George Leonard Clampitt** Estate of Larry James Clark Estate of Isobel Margaret Cork **Estate of Roland George Coudriau** Estate of Adele Maria Jutta Dalton Walter and Mildred Danby Fund

Estate of Susan Elizabeth Dew **Estate of Alistair Campbell Douglas** Estate of Sylvia Willemina Drop **Estate of Margaret Mary Theresa** Dumberg Estate of Sara Elias **Douglas Harold Evans Charitable** Foundation The Fahy Family Charitable Trust Estate of Joan Hilda Fleetwood **Estate of Robert Ray Forbes Estate of Shirley Eugenie Galbraith** The Lewis Jackson and Dale Gardiner Foundation **Estate of Evelyn Gardner** Estate of George John Gelderloos Estate of Maria Elfreda Genosa Estate of Warren Kenneth Gibbs Dr. Mark Hardy & Dr. Rose Goldstein Estate of Donald Sinclair Gorrie **Estate of Pamela Gorringe** Estate of Leno Richard Gos Estate of Jo Ann Goudis Estate of Florence Clara Gould **Estate of Hugh Graham Estate of Shirley Laurena Grant** Estate of Sandra Louise Green Estate of Diane M. Gribben **Estate of Brenda Mary Hamer Estate of Gillian Mary Hancox** 

Estate of Brenda Irene Hatton **Estate of Rose Marie Hawkins Estate of Lillian Margaret Henderson** Estate of Eve Rosemary Holdway **Trust of Lloyd Alexander Hope Estate of Joan Paterson Hudson Constantine Iliopoulos** Estate of Inge-Ruth Ilkiw Estate of John David Isbister Succession de Claire Jacob **Estate of Robert Johnstone** Mr. and Mrs. C. S. Jones Trust Fund Estate of Hilda May Jones Estate of Marjorie May Jones Estate of Gail Louise Jordan Estate of Mary Elizabeth Keir **Estate of Norma Lillian Kempers** Estate of Richard David Kert **Estate of Erika Knipfel** Estate of Bob Kolstad Estate of Lynn Kosloski **Estate of Margaret Stewart Lacey** Succession de Noëlline Poulin Lagrange Estate of Jean Laird Estate of Donna Lynne Lamont **Trust of Edmund Alan Larkin & Edith Margaret Larkin** Ioan G. Lashbrook **Estate of Shirley Ann Lash** 

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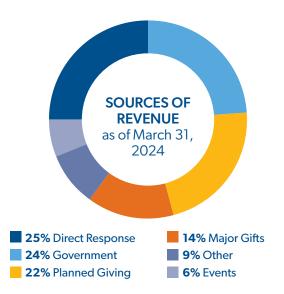
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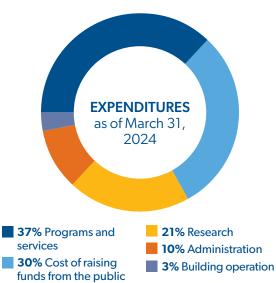
Estate of Ruth Ann Whipp Estate of Elizabeth Joan Williams Estate of Jessie Imelda Wing Orville and Alvera Woolacott Foundation Estate of James Kenneth Wotten Estate of Margaret Jean Zerr

We are grateful to the many donors and sponsors who contributed between \$2,500 and \$9,999 in 2023-2024 with an annual or legacy gift. Their invaluable support empowers us to further our mission. For a comprehensive list of these esteemed supporters, please visit **arthritis.ca**.

We extend our gratitude to those individuals who have chosen to support our cause anonymously. We deeply respect your privacy and apologize for any errors or omissions in recognition. If you wish to update your preferences regarding acknowledgment, please reach out to us at **donorservices@arthritis.ca**.

# **Financials**





Arthritis Society Canada, in consultation with and approved by its Board of Directors, has chosen to make investments over the last 2 years in key mission areas such as research and the nationwide Arthritis Action Plan. These investments have resulted in deficit positions, which will be offset by the pending sale of a building.

#### STATEMENT OF FINANCIAL ACTIVITIES

Year ended March 31, 2024, with comparative information for 2023

	2024	2023
REVENUE	\$	\$
Major Gifts	4,412,616	4,420,499
Planned Giving	6,866,761	7,386,952
Direct Response	7,580,090	7,251,252
Events	1,777,618	1,574,769
Government	7,356,140	5,743,460
Other	2,644,612	2,615,479
Total Revenue	30,637,837	28,992,410
EXPENSES	\$	\$
Research	6,558,865	6,237,332
Programs and services	11,799,527	10,745,652
Building operation	807,915	745,588
Administration	3,161,659	2,860,071
Subtotal	22,327,966	20,588,643
Cost of raising funds from the public	9,391,484	8,364,359
Total expenses	31,719,450	28,953,002
Excess (deficiency) of revenue over expenses before the undernoted	(1,081,613)	39,408
Unrealized loss on investments	(44,589)	(481,128)
Deficiency of revenue over expenses	(1,126,202)	(441,721)

# **Governance and leadership**

# Board of Directors, 2023-24

Nancy Hopkins, Chair Andrew Branion, Vice-Chair Michael Whitcombe, Honorary Solicitor Jeffrey Brown John Chippindale Jay-Ann Gilfoy Deborah Greenberg Jeff McCann Lynn Oldfield Neal Oswald Vas Rao Dr. Evelyn Sutton Michele Walsh Stephen Weiss

### National Council, 2023-24

Comprised of some of Canada's brightest minds and dedicated arthritis ambassadors, the National Council advises on and actively engages in fundraising efforts for Arthritis Society Canada, building important relationships with new and long-time donors.

Arthritis Society Canada is committed to advancing arthritis care and research, and the strategic leadership and counsel of these dedicated executive volunteers enables us to raise critical funds to support our mission and to champion the resilient spirit of those living with arthritis.

Andrew Branion, Chair
Simon Lemay, Vice-Chair
Paul Alexander
Shelly Anwyll
Kim Appelt
Al Behrouzan
Jeff Brown
John Chippindale
Alison Coville
George Dalal

Diana Gazdar Mark Hickman Jeff Hillyard Mike Hosseini Shareef Isa Jessie Lehail Nadia Malik Dr. Brent Norton Keith Nugara Bill Papadimitriou Melanie Philip Vas Rao Kayvan Saberi Mark Sack Jeff Setterington Murali Sundar Kanish A Thevarasa **Ex-Officio Members:** Trish Barbato Jennifer Stewart

Interested in getting involved in the National Council? Contact Jennifer Stewart at jstewart@arthritis.ca.

### Integrated Scientific and Medical Advisory Committee

Members of the Integrated Scientific and Medical Advisory Committee (ISMAC) provide expert advice to the Chief Science Officer on strategic directions and priorities for Arthritis Society Canada's research, information, support tools and resources.

#### Dr. Hani El-Gabalawy, Chair

Dr. Tom Appleton Dr. Cheryl Barnabe Jennifer Boyle Carolyn Dittmar Dr. Maria Fernandes Dr. Monique Gignac Cathie Hofstetter Dr. Cheryl Hubley-Kozey Dr. Igor Jurisica Dr. Linda Li Laurie Proulx Dr. Raja Rampersaud Dr. Marinka Twilt Dr. Jackie Whittaker Dr. James Young

### **Executive fundraising volunteers**

Our work would not be possible without the expertise and support of our 75 executive fundraising volunteers who bring immeasurable value to our fundraising efforts through their contributions to our committees.

### **Committee Chairs and Vice Chairs**

Andrew Branion, Chair, National Council Simon Lemay, Vice-Chair, National Council Ted Ellis, Chair, Creative Council Jigna Shah, Chair, Innovation Committee Sikin Dharamshi, Chair, Fire Ball TO & Fashion on Fire Carmen Martinez, Vice-Chair, Fashion on Fire Dorothea Dowling, Co-Chair, Arthritis Fire Ball (Vancouver) Jessie Kaur Lehail, Co-Chair, Arthritis Fire Ball (Vancouver) Sean Flinn, Co-Chair, All-In For Arthritis Shane McAdam, Co-Chair, All-In For Arthritis

### **Executive Team**

Trish Barbato, President and CEO Jennifer Stewart, Chief Development Officer Dr. Siân Bevan, Chief Science Officer Cheryl McClellan, Chief Operations Officer

#### **HOW WE WORK**

The Arthritis Society Canada network includes a Support Office in Toronto and employees across the country. Our work is supported by a robust community of more than 500 dedicated volunteers in communities coast to coast to coast.





Arthritis Society Canada is accredited by the Imagine Canada Standards Program, Canada's highest measure of excellence for charities and not-for-profits. For more information, visit imaginecanada.ca. Waterstone



We're proud to be recognized as one of Canada's Most Admired Corporate Cultures.

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