

Clinical Practice Skills for Inflammatory Arthritis - Course Outline

	Day 1 - Wed	Day 2 - Thurs	Day 3 - Fri	Day 4 - Sat
Objective	<ul style="list-style-type: none"> To learn, practice and demonstrate effective clinical practice skills for a client with Osteoarthritis (OA) 	<ul style="list-style-type: none"> To learn, practice and demonstrate effective clinical practice skills for a client with Rheumatoid Arthritis (RA) 	<ul style="list-style-type: none"> To learn, practice and demonstrate effective clinical practice skills for a client with Spondyloarthritis (SpA) 	<ul style="list-style-type: none"> To consolidate learning from the previous 3 days and identify future learning objectives
Learning Methods	<ul style="list-style-type: none"> Case Study: OA Break-out sessions Small group problem-based learning Facilitated Client Assessment Case Work-up with Patient Partners® 	<ul style="list-style-type: none"> Lecture: Pharmacology Case Study: RA Break-out sessions Small group problem-based learning Facilitated Client Assessment Case Work-up with Patient Partners® 	<ul style="list-style-type: none"> Case Study: SpA Break-out sessions Small group problem-based learning Facilitated Client Assessment Case Work-up with Patient Partners® 	<ul style="list-style-type: none"> Panel Discussion <ul style="list-style-type: none"> ✓ clinical questions from participants ✓ red flags: other inflammatory arthritis conditions Case Work-up with Volunteer Patients Q and A with Faculty
Practical Focus	<ul style="list-style-type: none"> History, Systems Review, Physical Assessment Systematic Approach to Joint Assessment GALS Unique Solutions Quiz Footwear Exercise for OA 	<ul style="list-style-type: none"> Q and A with Pharmacist Foot Assessment & Arthritis Approach to Exercise in RA Gait Analysis & Mobility Devices Management of Hand Arthritis 	<ul style="list-style-type: none"> Assessment techniques for Spondyloarthritis Mindfulness Meditation Medication Program Support Medical Cannabis Posture & Ergonomics Spondyloarthritis & Exercise 	<ul style="list-style-type: none"> Perform independent rheumatology history, systems review, functional inquiry and physical examinations Report active joint count and clinical findings to a Rheumatologist Rheumatologist Feedback
Time	Day 1-3: 8:00–5:00pm			Day 4: 8:00–1:00pm