



How do I talk about different treatment options with my doctor?

List of questions

Here are some things that you should consider and discuss with your doctor:

- ▼ What can I expect from a biologic treatment?
- ▼ Does the treatment work with my lifestyle? For example, will it be hard for me to get time off work to go to an infusion clinic regularly? Will I be able to give myself a needle?
- ▼ What are the side effects of this treatment?
- ▼ Does this treatment affect other medications that I am taking?
- ▼ What do I need to think about if I am travelling? Do I need a special “travel letter”? How do I keep my biologics safe while I travel?
- ▼ Are there any special considerations if I have other health issues, or if I am pregnant or want to become pregnant?
- ▼ Are there special considerations if I am self-employed? Is there someone who can help me get reimbursed for the cost of my biologics?
- ▼ Does this biologic you recommended have a patient support program? What services does the support program offer? Are there any other supports available to me for this treatment?

If you are considering switching from a biologic to its biosimilar, here are some questions you should discuss with your doctor:

- ▼ If my biosimilar is delivered by infusion, will I need to go to a different infusion centre from where I go now?
- ▼ If my biosimilar is delivered by injection, will the device work the same way? Will I need additional training?
- ▼ Is the patient support program different from the one I am currently on? If so, how?
- ▼ With my personal background, are there any reasons why I should not change to the biosimilar?