

Clinical Practice Skills for Inflammatory Arthritis - Course Outline

	Day 1 Virtual	Day 2 Virtual	Day 3 Virtual	Day 1 In-Person	Day 2 In-Person
Objective	<ul style="list-style-type: none"> To learn effective assessment and management strategies using clinical practice skills for a client with Osteoarthritis (OA) 	<ul style="list-style-type: none"> To learn effective assessment and management strategies using clinical practice skills for a client with Rheumatoid Arthritis (RA) 	<ul style="list-style-type: none"> To learn effective assessment and management strategies using clinical practice skills for a client with Spondyloarthritis (SpA) To learn the relationship between nutrition, the microbiome and arthritis 	<ul style="list-style-type: none"> To learn and practice effective joint assessment techniques and treatment strategies for clients with arthritis 	<ul style="list-style-type: none"> To learn and practice spinal assessment and enthesitis scan To learn differentiations in exercise planning for different forms of arthritis. To introduce the varying complexity of rheumatologic conditions
Learning Methods	<ul style="list-style-type: none"> Case Study: OA Break-out sessions Small group problem-based learning Unique Solutions Kahoot Quiz 	<ul style="list-style-type: none"> Lecture: Pharmacology Q and A with Pharmacist Case Study: RA Break-out sessions Small group problem-based learning 	<ul style="list-style-type: none"> Case Study: SpA Break-out sessions Small group problem-based learning Lecture: Diet and Arthritis 	<ul style="list-style-type: none"> SAJA demo and practise GALS Foot assessment Assistive Devices and Mobility Aids Footwear Hand Management Rheumatology history taking, systems review, functional inquiry, and physical examination with patient volunteers. Case summary report to group facilitator 	<ul style="list-style-type: none"> Assessment techniques for Spondyloarthritis Exercise approach for SpA, RA, and OA Rheumatology history taking, systems review, functional inquiry, and physical examination with patient volunteers. Case summary report to group facilitator Panel Discussion <ul style="list-style-type: none"> Q&A Red flags